

Course name	Psychology of individual differences			
Name of the unit realizing the subject	Department of Psychology, Chair of Social Sciences and Humanities.			
Yar I	Course status	General	Język przedmiotu	English
Form of classes	Number of hours	Form of credit	ECTS	
Lecture	0	Credit with grade	2	
Labs	0			
Seminar	10			
Total	10			
Lecturer	dr Julia Wyszomirska			
Unit name	Department of Psychology, Chair of Social Sciences and Humanities, Medyków 12; 40-752 Katowice; tel.: 32 208 86 42, 32 208 86 45, e-mail: znh_sekretariat@sum.edu.pl www.zakladpsychologii.sum.edu.pl			
Objective of the course	Preparation student to perform didactic work			
Prerequisites	Completed second-cycle studies			
Course learning outcomes				
Category	Description of the effect			Odniesienie do efektów dla programu
Knowledge	1. PhD student knows and understands the basic concepts of the psychology of individual differences.			P8S_WG
Skills	2. PhD student is able to use the knowledge of the psychology of individual differences in scientific research.			P8S_UW
Competencies	3. PhD student is ready to use knowledge in the field of psychology of individual differences in solving problems of social life			P8S_KO
Program content				
1. Introduction to the psychology of individual differences. Main descriptive categories of individual differences (2h). 2. Temperament and other personality traits (2h) 3. The role of temperament in the regulation of human relations with the environment (2h) 4. Temperament and adaptation and health. The role of temperament in mental development. Temperament and action - the importance of temperament traits for the effectiveness of performed activities (styles of action, types of reactions to stress) (2h) 5. Personality - the concept and concepts of the structure and factors of personality (2h).				
VERIFICATION OF THE LEARNING OUTCOMES				
Methods of verification		Presentation of the final task in the form of a multimedia presentation.		

<b>Form and conditions of passing</b>	<p>Detailed conditions for passing are included in the regulations of the course available on the website of the Department of Psychology</p> <p>The grading scale for the subject in accordance with the Doctoral School Regulations: very good 5.0, more than good 4.5, good 4.0, fairly good 3.5, satisfactory 3.0, insufficient 2.0.</p>
<b>Readings</b>	
<b>Primary literature</b>	<p>Strelau J. Różnice indywidualne. Wyd. Scholar, 2015</p> <p>Strelau J. Temperament jako regulator zachowania. Z perspektywy półwiecza badań. GWP 2006.</p> <p>Gasiul H. Psychologia osobowości, nurty, teorie, koncepcje. Difin 2020.</p>